

# Living Boldly

News and notes brought to you by the  
DC Department of Aging and Community Living

Volume 2

Issue 1

A Newsletter for DC Seniors

January 2022



## DIRECTOR'S MESSAGE

By Laura Newland, Director  
D.C. Department of Aging and  
Community Living

Happy New Year! While 2021 started inauspiciously with a terrorist attack on the Capitol building, we still managed to end the year with joy, celebration and well wishes at the Mayor's 23rd Annual Senior Holiday Celebration! We had such a great time welcoming you, catching up with you, and dancing with you. It was the perfect way to end the year.

With all of 2022 in front of us, we have a lot to look forward to. One of the things I'm most excited about is our Future of Aging project. If you were at our Holiday Celebration last month, you may have participated in one of our activities where we asked you about how certain interactions with government and other organizations made you feel. The Future of Aging project is all about redesigning systems and programs around your insights, feelings and experiences. Together, we are creating a customer experience that we can all be proud of. If you're interested in participating in some of these activities, please contact us at [dacl.communications@dc.gov](mailto:dacl.communications@dc.gov).

Before you know it, Valentine's Day will be here, which means Cupid's Kids from District public and charter schools will be making cards for our homebound seniors. It's a small gesture with a huge impact — especially these days when we could all use reminders that our community supports us.

As I mentioned last month, the holidays don't mean the same thing for everyone. For a lot of folks, this season can be particularly lonely, so please take a minute and call a friend or neighbor or send a note. Taking a few minutes of your time to say hi can make someone's day — we all have the superpower of making someone feel great!

Finally, most of you reading this are probably vaccinated, but if you're not, please get vaccinated as soon as possible!! And if you're vaccinated but not boosted, get your booster! DC has a lot of places you can go to get a vaccination or booster, and if you need some help getting to a vaccination site, give us a call, and we'll connect you with transportation options.

If you already have your booster, thank you for doing your part to keep our community safe! And remember to practice good hygiene, wear your mask, and practice social distancing (but don't be socially distant!).

Thanks for helping make 2021 a great year for DACL, and I can't wait to see what's in store for us in 2022. As always, if you have ideas or thoughts, feel free to reach out. We'd love to hear from you!

## Thanks for Attending Mayor Bowser's 23rd Annual Senior Holiday Celebration!

Together, we rang in the holidays at the 23rd Annual Senior Holiday Celebration! Thanks go to Mayor Bowser, Dr. Nesbitt, our phenomenal performers, volunteers, exhibitors, and DC Government agencies that celebrated with us. To view photos from the event, please visit [dacl.dc.gov](http://dacl.dc.gov) and click on Photo Gallery.



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# Director Laura Newland to Testify at Annual Performance Oversight Hearing

At the Performance Oversight Hearing on Monday, January 10, at 10 a.m., Director Laura Newland will testify on the fiscal year 2021 and 2022 performance of the Department of Aging and Community Living.

All public hearings will be held via virtual meeting platforms. Written or transcribed testimony from the public is highly recommended and will be taken by either voicemail or email. We encourage you to join us and share your thoughts.

To submit written testimony, please email or mail to The Office of At-Large Councilmember Bonds, 1350 Pennsylvania Ave. NW, Suite 404, Washington, DC 20004. To submit testimony via voicemail, please call (202) 350-0894. All testimony received will be made a part of the official record.

To testify live, the Committee on

Housing and Neighborhood Revitalization will provide slots for witnesses to testify on a first-come, first-served basis. If you would like to sign up to testify live, send an email to and you will be emailed a link to access the virtual hearing. Please include your name, address, phone number, organizational affiliation and title (if any), your preferred email address, and the name of the agency or program that you are testifying about.

If you would like to testify by phone, please call 202-724-8064 and leave your name and phone number. The committee will call you before the hearing to make sure that you are connected.

The Committee will contact all witnesses by phone or email on the day before the hearing to confirm that they have received a slot. Please sign up to



testify no later than the close of business two days prior to your hearing date. Witnesses will be limited to three minutes. The committee encourages only one witness per organization. For more information, please contact the

Committee on Housing and Neighborhood Revitalization at or 202-724-8064.

Watch:

- On the Council site, at
- On the OCTFME site, at
- On TV, DCC Channel 13

## COVERED LOCATIONS

### PROOF OF VACCINATION WILL BE REQUIRED AT:

- Restaurants, bars, nightclubs
- Indoor cultural and entertainment facilities
- Indoor exercise and recreational establishments
- Indoor event and meeting establishments

*Exceptions will be carved out for instances when a person is only briefly entering an establishment, e.g., to use a restroom or pick up an order*

CORONAVIRUS.DC.GOV



DC HEALTH

GOVERNMENT OF THE DISTRICT OF COLUMBIA  
MURIEL BOWSER, MAYOR

## FOUR WAYS TO GET VACCINATED & BOOSTED

**1** Walk-up to a District-operated site listed on [vaccinate.dc.gov](https://vaccinate.dc.gov)

**2** Make an appointment with your health care provider

**3** Make an at-home vaccination appointment by calling 1-855-363-0333

**4** Make an appointment at a pharmacy or any site listed on [vaccines.gov](https://vaccines.gov)  
*If you can't get an appointment, go to walk-up site.*

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DC HEALTH

GOVERNMENT OF THE DISTRICT OF COLUMBIA  
MURIEL BOWSER, MAYOR

## Ms. Senior DC Pageant 2022

Are you a DC resident age 60 or older and interested in representing your peers as Ms. Senior DC 2022?

Are you actively involved in your community?

**Consider becoming a contestant in the Ms. Senior DC 2022 Pageant!**

Contestants are judged on their:

- Personal Interview
- Philosophy of Life
- Talent Presentation
- Evening Gown Presentation

The winner will represent the District and compete in the Ms. Senior America Pageant in 2022.

For information on how to apply:  
[dacl.dc.gov](https://dacl.dc.gov)  
202-635-1900  
[dacl.communications@dc.gov](mailto:dacl.communications@dc.gov)



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
MURIEL BOWSER, MAYOR

EFFECTIVE DECEMBER 21, 2021 – JANUARY 31, 2022

**Masks are REQUIRED in indoor public settings in the District of Columbia**

GOVERNMENT OF THE DISTRICT OF COLUMBIA  
MURIEL BOWSER, MAYOR